

Zwischenstand in der Gesamtwertung Straßenlauf-Cup 2009

Platz	Startnr:	Name	Vorname	Jg	Verein	10km	15km	Zwischenstand	HM	Gesamt
m. Jgd. A										
1	254	Schütt	Jannik	1991	Wulfsen	0:45:53	1:07:58	1:53:51	1:32:17	3:26:08
Männer										
1	141	Petrausch	Janek	88	LG HNF	0:38:22	1:01:35	1:39:57	1:27:32	3:07:29
2	196	Richters	Dirk	89	PSV Bux.	0:38:15	1:05:10	1:43:25	1:27:05	3:10:30
3	30	Drosdowski	Finn	81	LAV Husum	0:43:47	1:12:39	1:56:26	1:38:21	3:34:47
4	91	Bannas	Malte	83	FC. St Pauli	0:43:58	1:08:00	1:51:58	1:43:34	3:35:32
5	55	Höcker	Sven	81	Hamburg	0:44:35	1:11:12	1:55:47	1:44:37	3:40:24
M30										
1	70	Bekakcha	Mourad	78	Laufwerk HH	0:33:31	0:50:59	1:24:30	1:11:35	2:36:05
2	52	Zemial	Marcus	77	Hamburg	0:40:31	1:07:26	1:47:57	1:31:54	3:19:51
3	19	Dierks	Sebastian	78	LG Nord-West	0:41:46	1:04:20	1:46:06	1:35:12	3:21:18
4	26	Wetzel	Steffen	75	Hooka Hey	0:46:30	1:09:22	1:55:52	1:41:53	3:37:45
5	28	Abraham	Sören	76	Hamburg	0:46:58	1:12:07	1:59:05	1:39:32	3:38:37
M35										
1	73	Jacobsen	Thilo	73	Tri Michels	0:38:24	0:59:03	1:37:27	1:24:50	3:02:17
2	121	Israel	Sven	72	HNT	0:40:07	1:00:21	1:40:28	1:31:06	3:11:34
3	118	Sumfleth	Markus	70	Seevetal	0:40:35	1:03:35	1:44:10	1:29:01	3:13:11
4	68	Wolthausen	Thorsten	71	TS Harburg	0:43:17	1:05:22	1:48:39	1:45:09	3:33:48
5		Grünefeld	Michael	73	Pinneberg	0:43:49	1:09:44	1:53:33	1:40:22	3:33:55
M40										
1	195	Schröter	Ingo	67	PSV Bux.	0:34:47	0:54:29	1:29:16	1:18:18	2:47:34
2	171	Hüppe	Stefan	69	TSH	0:36:46	0:56:05	1:32:51	1:19:31	2:52:22
3	13	Wicht	Raymond	65	LG HNF	0:37:55	0:58:11	1:36:06	1:23:02	2:59:08
4	143	Fritsche	Jörg	65	Rosengarten	0:37:40	0:58:29	1:36:09	1:23:37	2:59:46
5	71	Janßen	Harald	68	Beiersdorf	0:37:44	1:00:49	1:38:33	1:24:35	3:03:08
6	94	Rosenboom	Markus	65	Tri Michels	0:39:04	1:00:19	1:39:23	1:32:55	3:12:18
7	37	Wenzlaw	Marco	67	Westerhof	0:40:42	1:02:40	1:43:22	1:29:36	3:12:58
8	31	Thom	Marcus	69	TSH	0:41:45	1:03:19	1:45:04	1:29:51	3:14:55
M45										
1	192	Smolinski	Peter	62	HSV	0:36:24	0:55:48	1:32:12	1:19:18	2:51:30

<u>2</u>	86	Bieler	Georg	60	Hamburger SC	0:40:51	1:00:46	1:41:37	1:26:52	3:08:29
<u>3</u>	7	Lehsten	Jens	61	LG HNF	0:39:49	1:02:01	1:41:50	1:28:29	3:10:19
<u>4</u>	150	Hüttner	Peter	64	Germ. Schnelsen	0:40:28	1:02:58	1:43:26	1:28:32	3:11:58
<u>5</u>	212	Bergner	Stefan	61	Hamburg	0:40:51	1:04:10	1:45:01	1:31:38	3:16:39
<u>M50</u>										
<u>1</u>	151	Hansen	Thomas	57	Germ. Schnelsen	0:36:50	0:55:15	1:32:05	1:19:43	2:51:48
<u>2</u>	79	Weber	Burkhard	58	Hamburg	0:41:11	1:01:24	1:42:35	1:24:21	3:06:56
<u>3</u>	178	Heuer	Michael	57	LAV HH-Nord	0:41:16	1:03:05	1:44:21	1:30:52	3:15:13
<u>4</u>	47	Oltmanns	Erhard	59	PSV Bux.	0:42:52	1:05:26	1:48:18	1:33:44	3:22:02
<u>5</u>	49	Graubner	Rolf	55	Triath. HH. Hoch.	0:45:51	1:10:01	1:55:52	1:39:40	3:35:32
<u>6</u>	50	Puschmann	Wolfgang	58	Este 06/70	0:46:04	1:10:07	1:56:11	1:41:48	3:37:59
<u>M55</u>										
<u>1</u>	15	Schmidt	Dieter	52	LG HNF	0:42:55	1:04:58	1:47:53	1:33:39	3:21:32
<u>2</u>	61	Knop	Egon	52	SG Stern	0:43:56	1:07:40	1:51:36	1:39:33	3:31:09
<u>3</u>	93	Raabe	Jürgen	50	Blankenese	0:49:17	1:15:45	2:05:02	1:46:55	3:51:57
<u>4</u>	136	Dringelburg	Jens	53	LG HNF	0:49:25	1:15:53	2:05:18	1:48:10	3:53:28
<u>M60</u>										
<u>1</u>	35	Mehring	Manfred	48	Hamburg	0:45:03	1:09:50	1:54:53	1:46:50	3:41:43
<u>2</u>	14	Fliegel	Bernhard	49	LG HNF	0:55:48	1:26:00	2:21:48	2:03:38	4:25:26
<u>3</u>	209	Müller	Jürgen	48	SG Stern	0:56:14	1:27:43	2:23:57	2:06:34	4:30:31
<u>4</u>	245	Goldbettere	John	47	Hamburg	1:01:28	1:46:41	2:48:09	2:19:33	5:07:42
<u>M65</u>										
<u>1</u>	237	Wehlitz	Dieter	44	LG HNF	0:50:06	1:17:48	2:07:54	2:01:25	4:09:19
<u>2</u>	43	Kuhn	Hans-Jürgen	40	PHV Stelle	0:58:37	1:29:04	2:27:41	2:10:00	4:37:41
<u>M70</u>										
<u>1</u>	162	Djudjic	Slobodan	39	LG Außenmühle	0:45:53	1:10:22	1:56:15	1:42:20	3:38:35
<u>M75</u>										
<u>1</u>	270	Martin	Hermann	33	Hamburg	1:09:14	1:53:56	3:03:10	3:06:49	6:09:59
<u>Frauen</u>										
<u>1</u>	236	Schirhorn	Kim-Diana	86	Buchholz	0:46:51	1:12:22	1:59:13	1:47:26	3:46:39
<u>W35</u>										
<u>1</u>	99	Andrada	Alejandra	72	Hamburg	0:42:27	1:05:23	1:47:50	1:35:06	3:22:56
<u>2</u>	157	Schnell	Andrea	71	Iddensen	0:46:40	1:13:16	1:59:56	1:43:27	3:43:23
<u>3</u>	69	Herrmann	Britta	70	Barnstedt	0:48:54	1:14:57	2:03:51	1:50:04	3:53:55

W40

<u>1</u>	290	Voß	Kristin	69	Buxtehude	0:49:33	1:14:53	2:04:26	1:44:20	3:48:46
<u>2</u>	164	Barghusen	Simone	67	Todtglüsinger Sv	0:49:15	1:15:32	2:04:47	1:48:20	3:53:07
<u>3</u>	40	Möhlenbrock	Britta	66	Bahrenfelder SV	0:51:21	1:16:31	2:07:52	1:49:41	3:57:33

W45

<u>1</u>	170	Papst	Anke	63	TUS Tiste	0:56:14	1:30:07	2:26:21	2:09:42	4:36:03
<u>2</u>	42	Weber	Gaby	64	PHV Stelle	0:58:37	1:29:03	2:27:40	2:09:46	4:37:26
<u>3</u>	243	Schalnus-Lübcker	Carmen	60	Hamburg	0:56:58	1:41:40	2:38:38	2:10:31	4:49:09
<u>4</u>	221	Smith	Rita	64	Hamburg	1:00:29	1:36:07	2:36:36	2:19:58	4:56:34

W50

<u>1</u>	12	Harms	Frieda	58	LG HNF	0:45:38	1:08:11	1:53:49	1:38:29	3:32:18
<u>2</u>	234	Reimers	Shanti	58	PSV Bux.	0:53:07	1:22:57	2:16:04	1:56:54	4:12:58
<u>3</u>	165	Hallenberger	Ulrike	59	BW Buchholz	0:55:31	1:26:18	2:21:49	1:59:10	4:20:59
<u>4</u>	251	Macholl	Petra	57	BSG Otto	0:58:13	1:34:49	2:33:02	2:11:11	4:44:13

W55

<u>1</u>	201	Schleißelmann	Jutta	51	PSV Bux.	0:52:53	1:32:40	2:25:33	2:01:39	4:27:12
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